

# what to bring to the hospital

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any visit to a hospital is difficult for a child. When preparing for a hospital stay, it may be helpful to bring from home some familiar items. This will decrease anxiety and make the experience as easy as possible.

**Below is a list of suggested items to bring with you.** Remember that parents may also need items on this list.

## what to bring

- Toothbrush/toothpaste
- Brush/comb
- Shampoo/conditioner
- Body wash
- Pajamas (one for each night)
- Comfortably daytime clothing (just in case your child does not like to be in pajamas all day)
- Slippers
- Socks
- Underwear
- Ponytail holders
- Favorite stuffed animal/doll
- Favorite blanket/pillow
- Favorite toy/book
- Extra pacifiers/baby bottles/nipples for infants
- Glasses/hearing aids (with storage containers)
- Reading material for parent and child
- Pen and pad (to write down any questions you may have)
- Any special equipment that is used at home (walker, wheelchair, shoes)
- Medications that the hospital may not have available (all home medications should be turned in to your nurse upon arrival)
- Insurance card/insurance papers
- Battery operated games
- Change of clothes for parents/sweater